Case Summary

The patient was a 43-year-old man with a 10-year history of relapsing-remitting MS. A recent exacerbation led to difficulty walking and increased fatigue. The patient’s goal was to return to work as a computer programmer. Three health-related constructs were deemed most important for this patient: upper extremity (UE) function, fatigue, and gait/walking ability.

Objective

The purpose of this case presentation is to illustrate use of the MSTF recommendations to select appropriate OMs for a patient with MS.

The Decision-making Process

Upper Extremity Function

Clinician-identified criteria:
- Performance-based
- Standardized test of UE function
- Good clinical utility
- Recommended for use for the setting and the patient’s level of disability

Perceived Fatigue

Clinician-identified criteria:
- Participation-level measure
- Specifically measures perceived fatigue
- Recommended for use for the setting and the patient’s level of disability

Gait/Walking Ability

Clinician-identified criteria for physical performance measure:
- Focuses primarily on gait performance
- Most highly recommended for use for the setting and the patient’s level of disability

Suggested Rehabilitation Outcome Measures: Applying the Findings of the APTA MSEDGE Task Force


References